

Queen's College Athletic Team

5C CHEUNG TSZ WAI



Unfortunately, due to the COVID-19, the inter school athletics competition and most of the regular trainings have been cancelled within these two years, team members have lost such great previous chance to show their training results. However, I still hope to show and appreciate my teammate's effort and fervor on the track and field, not only focusing on their studying. Although some of them did not perform well and outstanding during past competitions, their persistence spirit is worth to be praised. Regardless of track and field events, we all know that athletes can only make improvement after they practice persistently. It's always competing with 'yourself' and never surpass easily.

I am really thankful to Mr Yung Kin Sum and Mr Lee Ying Ho teachers who both in charge of athletic team. They always support and encourage us, reminding us never give up easily. Also, both of them always cooperate with our needs and training like providing suggestions or guidance.

Athletic team believes in a word; hope to inspire everyone who is reading this article.

KEEP ON GOING AND NEVER GIVE UP.



- INTER-SCHOOL ATHLETICS COMPETITION Excellent Result (18-19)

OVERALL 2ND RUNNER UP

Grade A TRIPLE JUMP **1ST RUNNER UP**
TRIPLE JUMP **2ND RUNNER UP**
JAVELIN **CHAMPION**

LAM HOK NAM
NG LAI HANG
LEUNG YAT HO SAMUEL

Grade B 800M **CHAMPION**
1500M **1ST RUNNER UP**
TRIPLE JUMP **CHAMPION**
4X400M **3RD RUNNER UP**

CHEUNG TSZ WAI
CHEUNG TSZ WAI
HON HO TUNG
CHEUNG TSZ WAI
HON HO TUNG
CHOW HIN TO
FUNG CHING YEUNG

2ND RUNNER UP

LO CHEUK KIU JACOB
CHAN CHUN HEI
CHEUNG TSZ WAI
MAK KING SHUN
HON HO TUNG
LAW HUGO CHEUK YIN
TSANG TSZ FUNG NICHOLAS

CHAN HO YIN
CHAN YI LOK RONALD
FU MING CHUN
YU NGOK CHUN
FUNG CHING YEUNG

Grade C HIGH JUMP **CHAMPION**
LONG JUMP **1ST RUNNER UP**
DISCUS **1ST RUNNER UP**
4X400M **2ND RUNNER UP**

1ST RUNNER UP

LAW PAK CHUN
LAW PAK CHUN
SZETO YAT
HO CHEUNG YEW ANTONY
LAW PAK CHUN
YUEN YAT CHUNG
SO PAK KIU
CHEUNG HUI SEN
WONG HO HOI JAMIE
HO CHEUNG YEW ANTONY
KWONG TSZ YU
LAM CHING YIU
LAW PAK CHUN
YUEN YAT CHUNG
HUI CHEUK YIN
KWOK, SZE CHEUK CEDRIC
SO PAK KIU
SZETO YAT